



ANNOUNCEMENT



1ST TRAMP - JUMP CUP

„ΗΡΘΑΝ ΠΗΔΗΞΑΝ ΚΑΙ ΕΚΑΝΑΝ ΝΤΟΥΖ“

Date: Saturday, the 11th of December 2004
Place: Johannes Gutenberg- University of Mainz

Closing date for entries: Sunday, 28th of November 2004 (last day of entry)

Provisional schedule:

Friday, 10th of December

Arrivals from 6 p.m. on
Training: 8.00 – ca. 11 p.m.

Saturday, 11th of December

Breakfast: starting at 8 a.m.
Warm-up training: starting at 9 a.m.
Beginning of competition: 11 a.m.
Dinner and party: starting at 8 p.m.

Sunday, 12th of December

Breakfast: starting at 8 a.m.
Departures until 12 p.m.

Specifications:

Trampolines: 4 Eurotramp - trampolines 6x6mm
Height of the gym: only 6 m !!!
Judges: we ask each university to provide 1-2 judges, if possible

Mode of competing:

The first part of the competition will be held as a synchronized competition.
Finals will consist of single voluntary routines.
Team scores will be evaluated from the first (synchronized) part of the competition.

Can one jumper be in two teams?

Participants are not allowed to be a part of two different teams. If necessary a list for exchanging jumpers between universities will be available at the competition. We reserve the right to decide on exceptions, should there be no other possibility of placing a jumper. This will be decided on location.

Competition - Qualification

The first part of the competition consists of the synchronized compulsory routine and a synchronized voluntary routine.

Compulsory Routines:

	<i>Tzaziki</i>		<i>Moussaka</i>		<i>Ouzo-Platter</i>	
1	½ twist	0,1	seat drop	-	back flip to seat drop (tucked)	0,5
2	½ twist to seat drop	0,1	¼ front drop (execution as desired, but must be synchronized)	0,1	¼ front drop (execution as desired, but must be synchronized)	0,1
3	½ twist to feet	0,1	to feet	0,1	to feet	0,1
4	tuck jump	-	pike jump	-	tuck jump	-
5	seat drop	-	back drop	0,1	back flip (tucked)	0,5
6	½ twist to seat drop	0,1	½ twist to feet	0,2	½ twist	0,1
7	½ twist to seat drop	-	straddle jump	-	pike jump	-
8	to feet	-	1/1 full twist	0,2	back flip (piked)	0,6
9	straddle jump	-	tuck jump	-	straddle jump	-
10	1/1 full twist	0,2	back flip (tucked)	0,5	Barani (execution as desired, but must be synchronized)	0,6
		0,6		1,2		2,5

We ask all former IDHM-participants to compete in the appropriate category, namely in the advanced Ouzo-Platter.

Voluntary Routines

The voluntary routine consists of 10 consecutive jumps conducted in a synchronized manner. The jumps can be chosen freely. The evaluation will be made based on official trampoline rules (conduct, level of synchronization and difficulty scores will be added).

Maximum difficulties

Tzaziki-pairs are allowed a maximum difficulty of 1.2 in their voluntary routine,

Moussaka-pairs a maximum of 2.5.

There is no difficulty restriction for **Ouzo-platter-pairs**.

This restriction on difficulty also applies to the final competition! Here the average difficulty of both jumpers can be no higher than the values mentioned above.

Team score

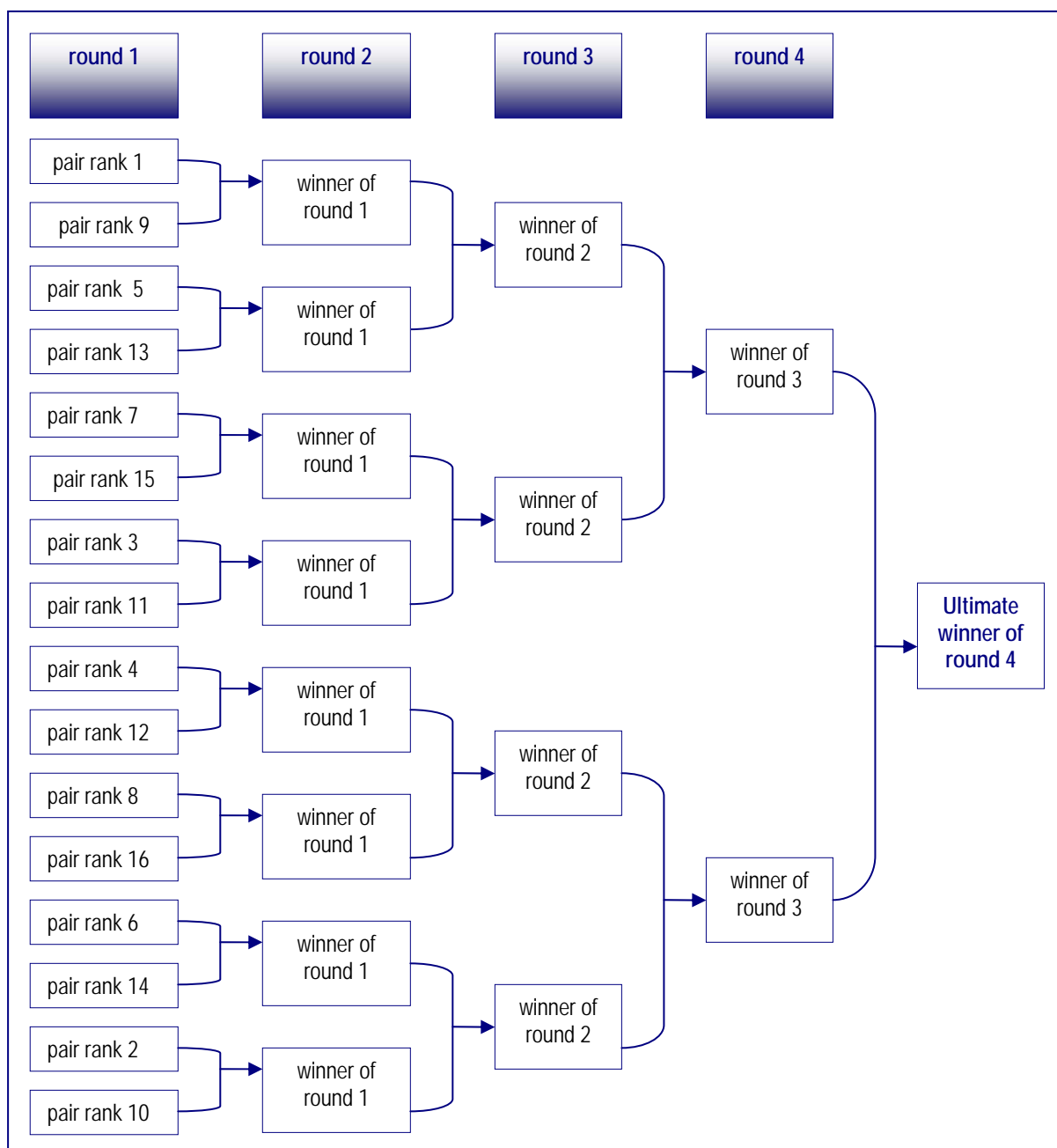
A team is made up of two "Greek-platter" pairs. A teams' rank is evaluated by adding the scores of the first part of the competition of both pairs.

Final competition

**YOU MAY STILL REMEMBER FROM TWO YEARS AGO!
IT WILL CERTAINLY BE EXCITING !!!**

We will use a knock-out system for the final competition!

The 16 best „Greek-platter“ pairs out of the first part of the competition will be qualified for the final. Entering in the finals does not depend on the difficulty of the compulsory routine. From here on the following knock-out system will be used:



Round 1: Both jumpers from both competing pairs must perform a single voluntary routine. All four jumpers will take turns doing their routines starting with a jumper from the lower ranking pair.

To win, a pair must

- attain a score of 2:0. For example: jumper 1 from pair 1 wins against jumper 1 from pair 2 (=>score 1:0) and jumper 2 from pair 1 wins against jumper 2 from pair 2 (score 2:0)
- in case of a tie, have a higher sum of scores in the voluntary routine
- if this sum is also equal, have a higher sum of difficulty points.

Routines will be judged by the official trampoline rules.

Round 2: Each pair chooses *one* jumper to perform a voluntary routine. The jumper of the lower ranking pair begins.

To win this round, the chosen jumper of a pair must:

- attain the higher score
- in case of a tie, have performed a routine with a higher difficulty

Round 3: Now the jumper of each pair that did not perform a single voluntary routine in round 2 must do so in round 3. The jumper of the lower ranking pair begins. Winning conditions are the same as in round 2.

Round 4 / final round: Both jumpers of both pairs show a single voluntary routine. Winner will be determined as in round 1. These are the Gold and Silver medallists.
3rd place will be chosen from the losing pairs of round 3.

The Bronze medal goes to the pair:

- with the higher sum of scores of both jumpers from round 2 and 3
- in case of a tie the sum of the levels of difficulty will be decisive.

Program for Evening Activities

Before dinner we suggest everybody has a nice and thorough shower...
This will be followed by a dinner and subsequent party ☺

Motto

...the *Olympiads*^a have begun – this must be celebrated as they do in Greece....

Accommodation

Accommodation will be provided in one of our own small gyms. Only a few mats will be available and space is limited – so be prepared to cuddle.

For those of you who prefer staying at a hotel, please contact the tourist information of Mainz:

Touristik Centrale Mainz

Brückenturm am Rathaus; 55116 Mainz

Telefon (0 61 31) 2 86 21-0

Telefax (0 61 31) 2 86 21-55

tourist@info-mainz.de

www.info-mainz.de/verkehrsverein

Costs

Application costs:

for each jumper:	5,- EUR	overnight stay and breakfast:	5,- EUR
for each team:	5,- EUR	dinner and party:	10,- EUR
for late entries (per person):	an additional 2,- EUR		

We do not ask for penalty fees but would be very thankful, if you informed us as soon as possible if there should be any changes in the number of participants from your university. This would help us a lot (especially with planning our food supply) and would be greatly appreciated. The sooner we know, the better!
THANKS!!!

Contact information:

<i>Mailing address:</i>	Gretje Reinemer Jakob-Welder-Weg 30 / 514 55128 Mainz	Michael Vid
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The Organizing -Team Michael & Gretje

The organizers and conductors of this competition take on NO RESPONSIBILITY for any accidents or other damages occurring during this competition!

^a [greek], in ancient Greece a period of 4 years between two *Olympiads* (the Olympic Games)

Directions:

By car:

Coming from the north

- take the **A 5** to the Nordwestkreuz Frankfurt
- then take the **A 66** going towards Wiesbaden to the Schiersteiner Kreuz
- from there onto the **A 643** direction Koblenz/ Bingen/ Mainz until you reach the Autobahndreieck Mainz.
- from there onto the **A 60** going towards MZ-Finthen
- take **exit MZ-Finthen/ Innenstadt/ Saarstraße**
- going to the **Innenstadt/ Saarstraße.**
- for further instructions see „for everyone“

Coming from the south

- take the **A 5** or **A 67** to the Darmstädter Kreuz,
- then onto the **A 67** going towards Rüsselsheim.
- from there take the **A 60** direction Mainz/ Wiesbaden.
- take **exit Innenstadt/ Saarstraße/ Mz-Finthen**
- for further instructions see „for everyone“

or

- take the **A 63** to the **AK Mainz**
- then onto the **A 60** direction Bingen/ Koblenz
- for further instructions see „for everyone“

For everyone continuing from exit “Innenstadt”

- At the Europakreisel (look for 4 flags) **go straight ahead in direction of the city center.** You are on a sort of express road, the Saarstrasse. (You will see a sign saying UNIVERSITY – do not take this road!)
- You will be passing the university premises on your right.
- Take the next right turn (about 1000m after the circle) and turn right again at the next intersection.
- There should be a cemetery wall to your left and parking lots to your right. You are on the Albert Schweitzer-Street
- Continue for about 200 m until you see a sign to your right saying „*Universität, Einfahrt nur mit Codekarte*“. Park your car here. There is no possibility of entering the university premises, sorry.
- Go through the gate and follow the pedestrian walkway.
- We will have signs leading you to the gym and sleeping areas.

By train

- take train to the main station of Mainz
- exit the station and take **bus number 6 or 6A** going to Bretzenheim (last station: Gutenberg-Center, respectively Pfarrer Dorn-Str.).
- get out at stop „**Botanischer Garten**“ (one stop after „Universität“).
- go back 10 m and through the gate to your left
- the building you are passing is the gym – follow the signs