

allgemeiner deutscher  
hochschulsportverband



Max-Planck-Straße 2  
64807 Dieburg  
Tel.: 06071 / 208621  
Fax: 06071 / 207578  
friedrich@adh.de  
www.adh.de

## ***INFORMATION BULLETIN***

### **INTERNATIONAL**

### **GERMAN UNIVERSITY CHAMPIONSHIPS 2005**

# ***TRAMPOLINE***

*Host:*

*University of Hannover  
University Sports Centre  
January 29<sup>th</sup>, 2005  
in Hannover*

***CLOSING DATE FOR ENTRIES: JANUARY 17, 2005***

**ORGANISER:** German University Sports Association (ADH)

**HOST:** University of Hannover  
University Sports Centre

**VENUE:** Zentrum für Hochschulsport (ZfH), Am Moritzwinkel 6,  
30167 Hannover

**DATE:** January 29<sup>th</sup>, 2005

**REGULATIONS FOR PARTICIPATION:**

Extract from the competition rules of the German University Sports Association (ADH).

- (1) In order for a person to be eligible to compete at the International German University Championships one must meet one of the following criteria;
  - a) Students who are officially registered for and pursuing a full time course at a university or similar institute whose status as a university is recognised by the appropriate national academic authority in their respective country.
  - b) Former students of the institutions mentioned in a) above who have just graduated are eligible to compete in the following calendar year.
  - c) A person who is a full-time employee of a university.
- (2) In order for a student to compete, one must have a student identification card or for the current semester a student certificate from the registration office stating ones registration number, for former students examination result transcripts as well as some form of photographic identification are required.
- (3) In order for a person who is a full-time employee of a university to compete, one must produce for the current semester a letter of confirmation from the personal office of where one works in the university along with some form of photographic identification.
- (4) The relevant documentation to compete (see (2) and (3) above) has to be available at all events for examination by either the host venue organiser or by a competition jury of appeal. The subsequent establishment of the absence of the relevant documentation to compete will result in immediate disqualification of the participant and the team for the entire event.
- (5) In the event of a participant being unable to produce the relevant documentation to prove his/her eligibility to compete, permission to compete will be refused unless the participant can adhere to the following;
  - a) Solemnly declare that he/she has the relevant documentation for eligibility to compete and will produce it within eight days (date of the postmark) at the German University Sport Association (ADH) offices.
  - b) Pay a penalty of Euro 15,-- to the host organiser.
  - c) Prove one's identity with some form of photographic identification.
- (6) The results are unofficial until the relevant documentation for eligibility to compete are produced within the designated eight days.

**ENTRIES :** **On the official entry form to:**  
Hannover University Sports Centre  
c/o Steffi Müller  
Am Moritzwinkel 6  
**30167 Hannover**  
Fax: +49 511 762 4965

**As well as a copy to:**  
Allgemeiner Deutscher  
Hochschulsportverband adh  
Max-Planck Str. 2  
**64807 DIEBURG**  
Fax: +49 6071 207578

Entries must meet the deadline and entries should be sent to both the host and the to the ADH offices. They must also have the signature of the person responsible for university sport from the applying university

**CLOSING DATE FOR ENTRIES** : **January 17<sup>th</sup>, 2005** (Entry forms must arrive by this date at both, Hannover University and adh.)

**ENTRY PROCEDURE** : The individual entrants of a university plus the number of teams (the team members to be declared on the day) must be entered together.

**ENTRY FEE:** Euro 7,-- per individual  
Euro 8,-- per team in addition to the individual entry fee  
Euro 9,-- per individual (former students)  
The entry fee as well as the cost for food and accomodation are to be paid in the competition office  
on Friday, Jan 28<sup>th</sup>, from 7 pm to 10 pm or  
on Saturday, Jan 29<sup>th</sup>, from 8 am to 9:15 am.

**STARTING DOCUMENTS:** The start documents have to be collected by a representative for all members of one university and to be presented by the latest at 9:15 am on the competition day. The completed start cards must be handed in by the latest at 9:30 am on the competition day.

**COMPETITIONS:** a) International German University Trampoline Championships individual competition.  
b) International German University Trampoline Championships team competition.

All participants will compete in the preliminaries consisting of the compulsory routine L8 (see below) as well as a voluntary routine. The top placed 15 male and female gymnasts after the preliminaries will compete in the final with a second voluntary routine. The preliminaries' result will be part of the final score.

In a team a maximum of 4 participants may start (can be mixed sex). The three best scores in the compulsory routines and in the first voluntary routine make up the team score.

c) A competition for those who were previously eligible to compete i.e. former students and former employees of a university. One is eligible for this category provided one is not starting in a) or b). Competition c) is not an official adh competition.

d) Two-trick competition: A competition open to everyone, entry on Saturday morning. Every turn two participants will compete directly in a KO system. The decision who of them will reach the next turn is up to the audience's applause. In each round every participant will perform two jumps without any limitation in creativity, rules or difficulty. The use of the throwing matt is very alright. The participants will jump after one another. The winner of these two reaches the next turn where she/he will compete directly against a winner of a different pair from the previous turn. Single starters may be set right into the second turn to enable a correct KO-system if the starting field is not a potence of two. Competition d) is not an official adh competition.

**COMPULSORY ROUTINES:**

**Compulsory for all participants (L8):**

1. 1/2 twist to front drop
2. to feet
3. tuck jump
4. tuck back somersault to seat
5. 1/2 twist to feet

6. pike jump
7. pike back somersault
8. straddle jump
9. tuck back somersault
10. barani free (front somersault with 1/2 twist)

**Compulsory for former students competition (old L7):**

1. tuck back somersault to seat
2. 1/2 twist to feet
3. tuck jump
4. back drop
5. 1/2 twist to feet
6. straddle jump
7. tuck back somersault
8. 1/2 twist or barani free
9. pike jump
10. pike back somersault

(Participants in the former students competition may choose to perform compulsory routine L8, where barani may be substituted by 1/2 twist.)

**Right of participation for former students and former university employees**

Admittance depends on the proven ability to perform the complete compulsory routine without abandoning.

Those who have competed successfully the compulsory routine at previous championships are admitted.

All others who are interested in competing but who have not competed the compulsory routine at previous championships must apply to a special committee consisting of a representative of the host and a judge plus other members. This committee reserves the right to ask one to demonstrate one's ability at performing the compulsory routine on the competition day in the warm-up area from 14.00.

If one is unable to prove one's ability in the compulsory routine, then one will not be allowed to compete. The entry fee will not be refunded.

**START ORDER:** The starting order of the preliminaries will be decided by drawing lots. The competitors will be divided up into groups of about 15. In every group the compulsory and voluntary rounds will follow one another, where the order of competitors will stay unchanged.

**TRAMPOLINES:** There will be 4 EUROTRAMP trampolines in use. For the warm-up there will be additional trampolines available.

**RULES:** The competition will follow the adh competition rules and the trampoline competition rules of the German Gymnastics Federation (DTB) (which are very close to FIG Code of Points).

**TIMETABLE:**

**Friday January 28<sup>th</sup>, 2005**

Issuing of start documents in the competition office: 7 pm to 10 pm

**Saturday January 29<sup>th</sup>, 2005**

Issuing of start documents in the competition office: 8 am to 9:15 am

Handing in of the start cards: until 9:30 am

Warm-Up: 9:00 am

Start of competitions: 11:00 am

Finals: approx. 5:00 pm

All further times will be announced after the closing date for entries.

There will be a victory ceremony and party after the finals

- PARTICIPANTS MEETING:*** This will take place following the victory ceremony.  
Issues are: Election of a sports spokesperson, setting future dates, distribution of the list of captains, information on the trampoline homepage, mailing list and magazine.
- CLOTHING:*** Footwear (socks, trampoline or gymnastic shoes). The participant must perform in clothes that allow a correct judgement of the performance.
- COMPETITION JURY OF APPEAL:*** A representative of the adh-Committee,  
Martin Kraft, adh Discipline Manager for Trampoline,  
Stefanie Müller, University of Hannover.
- JUDGES:*** There will be two competition juries, all male competitors being judged by one jury and all females by the other.  
The judges will be appointed from the Niedersächsischer Turner-Bund e.V.
- TITLE:*** The winners will earn the title of:  
**„INTERNATIONALE/R DEUTSCHE/R HOCHSCHULMEISTER/IN TRAMPOLINTURNEN 2005“**  
**(“INTERNATIONAL GERMAN UNIVERSITY TRAMPOLINE CHAMPION“)** for either the individual or team event.
- AWARDS:*** The first three places will be awarded the ADH medals of gold, silver and bronze in the individual and team events. Every participant will receive a certificate.
- ACCOMMODATION:*** From Friday to Sunday there will be the possibility to sleep in the gym. Please bring your own sleeping bags, mats etc. Accommodation cost in the gym including breakfast: Euro 4,-- per person and night. Please ask us (see below) for hotels and youth hostel in Cologne.
- SOCIAL PROGRAMME:*** Party on Saturday night (Euro 10,-- including dinner.)
- NOTE:*** Please bring your own dishes and cutlery.
- TRAVEL:*** If you come **from the north:**  
Leave the motorway A7 at the merging point “Hannover Nord” on to the A352 to Hannover. This motorway leads to the A2, where you take the next exit “Hannover Herrenhausen”, direction “Herrenhausen”. Then please proceed as if you came from the west.  
  
If you come **from the south:**  
Leave the motorway A7 at the merging point “Kreuz Hannover Süd” on to the A37. This motorway leads to the B6 later on. At the merging point “Seelhorster Dreieck” you take the direction B6 to “Nienburg”. The next roundabout take the first exit to “B6 Nienburg”. The next two roundabouts you go straight ahead, still to “B6 Nienburg”. After you passed the last one, turn off right at the next traffic lights on to the “Bremer Damm”, the direction is “Zentrum”. Then please proceed as if you came from the west.  
  
If you come **from the west or the east:**  
Leave the motorway A2 at exit “Herrenhausen”. Take the direction “Herrenhausen, Hannover”. Follow this road for about 6 km, then turn left onto the “Bremer Damm”, the direction is “Zentrum”. At the next crossing you make a U-turn and directly (app. 10 meters after the U-turn) turn right into the “Jägerstraße”, direction “Wilhelm Busch Museum”. After approx.

200 m you turn left into the “Ladyweg”, the next possible crossing turn right (under the bridge “Am Moritzwinkel”). This is, where the centre of university sports (Zentrum für Hochschulsport) is and the competition will take place.



For anyone arriving **by plane or train** feel free to contact me under [idhm2005@web.de](mailto:idhm2005@web.de) for a pick up service or further information.

***FURTHER INFORMATION:***

**Steffi Müller; Phone + 49(0) 511 762 19823;**  
E-Mail: [smuella@hochschulsport-hannover.de](mailto:smuella@hochschulsport-hannover.de)  
**Rüdiger Kohl; Phone + 49(0) 511 4498006**  
E-Mail: [idhm2005@web.de](mailto:idhm2005@web.de)

***LIABILITY:***

The organiser and host accept no responsibility in the event of any damage or loss.

Martin KRAFT  
adh Trampoline Discipline  
Manager

Enno Harms  
University of Hannover  
University Sports Centre

*This English translation is for your information and convenience.  
Changes are possible. For legal purposes please refer to the German  
„Ausschreibung“. Further informations and announcements will be  
published in the Internet at*

*<http://www.bs.shuttle.de/mkraft/idhm2005> .*

*Please do not hesitate to contact us for any questions:  
[smuella@hochschulsport-hannover.de](mailto:smuella@hochschulsport-hannover.de), [idhm2005@web.de](mailto:idhm2005@web.de),  
[martin.kraft@fal.de](mailto:martin.kraft@fal.de)*