



allgemeiner deutscher
hochschulsportverband



fédération allemande du sport universitaire
german university sports federation

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INFORMATION BULLETIN

INTERNATIONAL GERMAN UNIVERSITY CHAMPIONSHIPS 2006

TRAMPOLINE

Host:

Johannes Gutenberg University of Mainz

28. January 2006

CLOSING DATE FOR ENTRIES: 15. JANUARY 2006



! Premiumpartner des
adh und Förderer des
Spitzensportprojekts !



! Gefördert durch das Bundesministerium für Familie, Senioren, Frauen und Jugend (BMBFSFJ) aus Mitteln des Kinder- und Jugendplans, durch die Deutsche Sportjugend (dsj) sowie durch das Bundesministerium für Bildung und Forschung !



! Förderer des internationalen
Wettkampfsports !

ORGANISER: German University Sports Association (ADH)
HOST: **Johannes Gutenberg-University of Mainz**
VENUE: Theodor-Heuss-Schule; Ringstraße; 55129 Mainz-Hechtsheim
DATE: **28th of January 2006**

REGULATIONS FOR PARTICIPATION:

Extract from the competition rules of the German University Sports Association (ADH).

- (1) In order for a person to be eligible to compete at the International German University Championships one must meet one of the following criteria;
 - a) Students who are officially registered for and pursuing a full time course at a university or similar institute whose status as a university is recognised by the appropriate national academic authority in their respective country.
 - b) Former students of the institutions mentioned in a) above who have just graduated are eligible to compete in the following calendar year.
 - c) A person who is a full-time employee of a university.
- (2) In order for a student to compete, one must have a student identification card or for the current semester a student certificate from the registration office stating ones registration number, for former students examination result transcripts as well as some form of photographic identification are required.
- (3) In order for a person who is a full-time employee of a university to compete, one must produce for the current semester a letter of confirmation from the personal office of where one works in the university along with some form of photographic identification.
- (4) The relevant documentation to compete (see (2) and (3) above) has to be available at all events for examination by either the host venue organiser or by a competition jury of appeal. The subsequent establishment of the absence of the relevant documentation to compete will result in immediate disqualification of the participant and the team for the entire event.
- (5) In the event of a participant being unable to produce the relevant documentation to prove his/her eligibility to compete, permission to compete will be refused unless the participant can adhere to the following;
 - a) Solemnly declare that he/she has the relevant documentation for eligibility to compete and will produce it within eight days (date of the postmark) at the German University Sport Association (ADH) offices.
 - b) Pay a penalty of Euro 15,-- to the host organiser.
 - c) Prove one's identity with some form of photographic identification.
- (6) The results are unofficial until the relevant documentation for eligibility to compete are produced within the designated eight days.

ENTRIES :	On the official entry form to: Studentischer Sportausschuss Johannes Gutenberg-Universität Mainz Saarstr. 21 55099 MAINZ Fax: +49 6131 225486	As well as a copy to: Allgemeiner Deutscher Hochschulsportverband Max-Planck Str. 2 64807 DIEBURG Fax: +49 6071 207578
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Entries must meet the deadline and entries should be sent to both the host and the to the ADH offices. They must also have the signature of the person responsible for university sport from the applying university

CLOSING DATE FOR ENTRIES : January 15th, 2006

ENTRY PROCEDURE : The individual entrants of a university plus the number of teams (the team members to be declared on the day) must be entered together.

ENTRY FEE: Euro 7,-- per individual
Euro 8,-- per synchro-pair
Euro 10,-- per team in addition to the individual entry fee
Euro 9,-- per individual (former students)

The entry fee as well as the cost for food and accomodation are to be paid in the competition office
on Friday, Jan 27th, from 7 pm to 10 pm or
on Saturday, Jan 28th, from 8 am to 8:45 am.

Alternatively the fees may be paid prior to the competition via bank transfer to the following account:

IBAN: DE42 2004 1133 0524 0379 00
BIC/Swift-Code: COBADEHD001

STARTING DOCUMENTS: The start documents have to be collected by a representative for all members of one university by the latest at 8:45 am on the competition day. At the same time this person has to show the student id cards of all competitors at the registration desk. The completed start cards must be handed in by the latest at 9:00 am on the competition day.

COMPETITIONS:

- a) International German University Trampoline Championships *individual competition.*
- b) International German University Trampoline Championships *team competition.*

All participants will compete in the preliminaries consisting of the compulsory routine L8 (see below) as well as a voluntary routine. The top placed 15 male and female gymnasts after the preliminaries will compete in the final with a second voluntary routine. The preliminaries' result will be part of the final score.

In a team a maximum of 4 participants may start (can be mixed sex). The three best scores in the compulsory routines and in the first voluntary routine make up the team score.

- c) International German University Trampoline Campionships *synchronized competition. NEW!*

The synchro-pairs must be of the same sex. Each competitor is allowed to participate in only one pair. Each synchro-pair must perform the same compulsory routine (L8 – see below) in addition to a voluntary routine. The top placed 8 synchro-pairs (males and females respectively) after the preliminaries will compete in the final with a second voluntary routine. The preliminaries' result will be part of the final score. The pair with the highest total score wins.

According to the adh-requirements the synchro-pair can only consist of two gymnasts of the same university. This requirement could change before the competition. In this case a mixed-university synchro-pair (same sex) may be allowed. For up to date information please visit our home-page.

- d) A competition for those who were previously eligible to compete i.e. former students and former employees of a university. One is eligible for this category provided one is not starting in a), b), or c). Competition d) is not an official adh competition.

COMPULSORY ROUTINES:**Compulsory for all participants (L8):**

1. 1/2 twist to front drop
2. to feet
3. tuck jump
4. tuck back somersault to seat
5. 1/2 twist to feet
6. pike jump
7. pike back somersault
8. straddle jump
9. tuck back somersault
10. barani free (front somersault with 1/2 twist)

Compulsory for former students competition (old L7):

1. tuck back somersault to seat
2. 1/2 twist to feet
3. tuck jump
4. back drop
5. 1/2 twist to feet
6. straddle jump
7. tuck back somersault
8. 1/2 twist **or** barani free
9. pike jump
10. pike back somersault

(Participants in the former students competition may choose to perform compulsory routine L8, where barani may be substituted by 1/2 twist.)

Right of participation for former students and former university employees

Admittance depends on the proven ability to perform the complete compulsory routine without abandoning. Those who have competed successfully the compulsory routine at previous championships are admitted. All others who are interested in competing but who have not competed the compulsory routine at previous championships must apply to a special committee consisting of a representative of the host and a judge plus other members. This committee reserves the right to ask one to demonstrate one's ability at performing the compulsory routine on the competition day in the warm-up area. If one is unable to prove one's ability in the compulsory routine, then one will not be allowed to compete. The entry fee will not be refunded.

START ORDER: The starting order of the preliminaries will be decided by drawing lots. The competitors will be divided up into groups of about 15. In every group the compulsory and voluntary rounds will follow one another, where the order of competitors will stay unchanged.

TRAMPOLINES: There will be 4 EUROTRAMP trampolines in use. For the warm-up there will be additional trampolines available.

RULES: The competition will follow the adh competition rules and the trampoline competition rules of the German Gymnastics Federation (DTB) (which are very close to FIG Code of Points).

- TIMETABLE:**
- Friday January 27, 2006**
Issuing of start documents in the competition office: 7 pm to 10 pm
- Saturday January 28, 2006**
Issuing of start documents in the competition office: 8 am to 8:45 am
Handing in of the start cards: until 9:00 am
Warm-Up: 8:00 am
Start of competitions: 10:30 am
Finals: approx. 5:00 pm
All further times will be announced after the closing date for entries.
There will be a victory ceremony and party after the finals
- PARTICIPANTS MEETING:** This will take place following the victory ceremony.
Issues are: Election of a sports spokesperson, setting future dates, distribution of the list of captains, information on the trampoline homepage, mailing list and magazine.
- CLOTHING:** Footwear (socks, trampoline or gymnastic shoes). The participant must perform in clothes that allow a correct judgement of the performance.
- COMPETITION JURY OF APPEAL:** A representative of the adh-Committee
Martin Kraft, adh Discipline Manager for Trampoline
Patrick Siegfried, President Technical Committee of the German Gymnastics Federation
- JUDGES:** There will be two competition juries, all male competitors being judged by one jury and all females by the other.
The judges will be appointed from the Rhein Hessischer Turnerbund
- TITLE:** The winners will receive the title of:
“INTERNATIONALE/R DEUTSCHE/R HOCHSCHULMEISTER/IN TRAMPOLINTURNEN 2006” (“International German University Trampoline Champion”) for either the individual, the synchro, and the team competition.
- AWARDS:** The first three places will be awarded the ADH medals of gold, silver and bronze in the individual, synchronized and team events. Every participant will receive a certificate.
- ACCOMMODATION:** From Friday to Sunday there will be the possibility to sleep in the gym (EUR 5,--/night). Please bring your own sleeping bags, mats etc. Please ask for other cheap hotels and youth hostel in Mainz
- SOCIAL PROGRAMME:** Party on Saturday night: **“IDHM Fete”** (Euro 10,-- including dinner.)
- TRAVEL:** If you need any travel informations or assistance, please do not hesitate to ask the organisers (see below). We will be pleased to help you individually.

LIABILITY: **The organiser and host accept no responsibility in the event of any damage or loss.**

INFORMATION: Organisation:
 Michael Vid Mobile: +49 177 7611957
 Gretje Reinemer Mobile: +49 179 2393223

E-Mail: **Trampolin-IDHM2006@gmx.de**

Homepage: **www.Trampolin-IDHM2006.de**

Martin Kraft
Trampoline Discipline Manager
(adh)

Jan Fischer
Studentischer Sportausschuss,
(University of Mainz)

This English translation is for your information and convenience. The German version is the binding one. Further informations and announcements will be published in the Internet under the beforementioned address and under

<http://www.bs.shuttle.de/mkraft/idhm2006>.

Please do not hesitate to contact us for any questions:

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