

allgemeiner deutscher
hochschulsportverband



fédération allemande du sport universitaire
german university sports federation

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INFORMATION BULLETIN

GERMAN

UNIVERSITY CHAMPIONSHIPS 2010

TRAMPOLINE

German University Sports Federation

**Host:
Leibniz University Hannover**

January 30, 2010

CLOSING DATE FOR ENTRIES: JANUARY 16, 2010



! Gefördert durch das Bundesministerium für Familie, Senioren, Frauen und Jugend (BMBFSFJ) aus Mitteln des Kinder- und Jugendplans, durch die Deutsche Sportjugend (dsj) sowie durch das Bundesministerium für Bildung und Forschung !

! Förderer des internationalen Wettkampfsports !

ORGANISER: German University Sports Association (adh)
HOST: **University Sports Centre, Leibniz University Hannover**
VENUE: Zentrum für Hochschulsport,
Am Moritzwinkel 6, 30167 Hannover
DATE: **January 30, 2010**

REGULATIONS FOR PARTICIPATION:

All members of German or international universities are eligible to compete according to the following criteria. International participants are very welcome!

The criteria represent an extract of the competition regulations of the German University Sports Association (adh).

- (1) Every participant of the German University Championships needs to hold one of the following statuses:
 - a) A full-time student officially registered at a university or similar institution whose university status is recognised by the appropriate national academic authority.
 - b) A recently graduated student who was registered at an institution as mentioned in a) is eligible to compete up to the end of the calendar year which follows the year of the final examination.
 - c) A full-time employee of a university.
- (2) The student status has to be verified by a valid student identification card or a student certificate (incl. registration number) issued by the registration office for the current semester. The recently graduated student status has to be verified by the examination certificate in combination with some form of photographic identification.
- (3) A full-time employee of a university has to present an official document issued by the human resources department of the university confirming the status of full-time employment for the current semester in combination with some form of photographic identification.
- (4) The relevant documentation mentioned in (2) and (3) has to be made available at all events for examination by either the host venue organiser or by the competition jury of appeal. If it is discovered later that a person does not meet the requirements to be eligible to compete, this will result in immediate disqualification of the participant and the team for the entire event.
- (5) In case of any missing or invalid documents, the permission to participate in the competition may be granted on a conditional basis if all of the following requirements are met:
 - a) The person solemnly declares that he/she is in possession of the necessary documents and that he/she will prove the eligibility to compete at the German University Sport Association (adh) offices within the next eight days.
 - b) A penalty of Euro 15,-- is paid to the host organiser.
 - c) A valid photo ID is presented for identification.
- (6) The results are unofficial until the relevant documentation for eligibility to compete are produced within the designated eight days.

ENTRIES: On the official entry form to:
Zentrum für Hochschulsport
Am Moritzwinkel 6
D-30167 Hannover

Fax: +49-511-762-4965

As well as a copy to
Allgemeiner Deutscher
Hochschulsportverband
Max-Planck-Straße 2
D-64807 Dieburg
Fax: +49-6071-207578

Entries must meet the deadline and entries should be sent to both the host and the adh offices. Please make sure that the entry form is signed by a person responsible for university sport at the university applying for the competition.

CLOSING DATE FOR ENTRIES: January 16, 2010

ENTRY PROCEDURE: The individual entrants, the synchro pairs, and the teams of one university must be entered together. The team members may be changed during registration and until 8:45 am on the competition day.

ENTRY FEE: Euro 7,-- per individual
Euro 8,-- per synchro pair
Euro 10,-- per team in addition to the individual entry fees
Euro 9,-- per individual (former students - see below)
Euro 10,-- per synchro pair (former students - see below)

The entry fee as well as the cost for food and accommodation are to be paid by bank transfer not after the closing date for entries:

Owner of the bank account: Universitaetssportclub Hannover e.V.
BIC/SWIFT: SPKHDE2H
IBAN: DE79 2505 0180 0000 8855 50
Reason for payment: DHM Trampoline 2010 – “university” – “contact person”

Alternatively the fees may be paid in the competition office on Friday, Jan 29, from 7 to 10 pm.

REGISTRATION: A representative for all members of one university has to confirm the registration and to present the student ID cards of all competitors at the registration desk on Friday night until 10 pm.

COMPETITIONS: a) **International German University Trampoline Championships *individual competition*.**

All participants will compete in the preliminaries consisting of the compulsory routine P8 (see below) as well as a voluntary routine. The top placed 15 male and female gymnasts after the preliminaries will compete in the final with a second voluntary routine. The preliminaries' result will be part of the final score.

b) **International German University Trampoline Championships *team competition*.**

A team is composed of 3 to 4 persons (mixed gender applies) competing in the individual competition. The three best scores in the compulsory and in the first voluntary yield the team score.

c) **International German University Trampoline Championships *synchro competition*.**

Each synchro pair has to consist of equal gender participants but may be composed of members of different universities. Each competitor is allowed to participate in only one single pair. Each synchro pair must perform the compulsory routine P8 (see below) in addition to a voluntary routine. The top placed 8 synchro pairs (male / female, respectively) after the preliminaries will compete in the final with a second voluntary routine. The preliminaries' result will be part of the final score. The pair with the highest total score wins.

d) Individual competition for former students

A competition for those who were previously eligible to compete, i.e. former students and former full-time employees of a university. A person falls into this category only if he/she is not eligible to compete in a), b), or c). Competition d) is not an official adh competition.

e) Synchro competition for former students

A synchro competition for those who were previously eligible to compete, i.e. former students and former full-time employees of a university. A person falls into this category only if he/she is not eligible to compete in a), b), or c). Mixed pairs (male/female) are allowed in this competition. Each participant may start only in one single synchro pair. Competition e) is not an official adh competition.

COMPULSORY ROUTINES:**Compulsory for all participants (P8):**

1. 1/2 twist to front drop
2. to feet
3. tuck jump
4. tuck back somersault to seat
5. 1/2 twist to feet
6. pike jump
7. pike back somersault
8. straddle jump
9. tuck back somersault
10. barani free (front somersault with 1/2 twist)

Compulsory for former students competition (old L7):

1. tuck back somersault to seat
2. 1/2 twist to feet
3. tuck jump
4. back drop
5. 1/2 twist to feet
6. straddle jump
7. tuck back somersault
8. 1/2 twist **or** barani free
9. pike jump
10. pike back somersault

(Participants in the former students competition may choose to perform the compulsory routine P8, where barani may be substituted by 1/2 twist.)

Right of participation for former students and former university employees

Admittance depends on the proven ability to perform the complete compulsory routine without abandoning. Those who have competed successfully in the compulsory routine at previous championships are admitted. All others who are interested in competing but who have not competed in the compulsory routine at previous championships must apply to a special committee consisting of a representative of the host, a member of the "Club der alten Säcke", and a judge. This committee has the right to demand a demonstration of the applicant's ability to perform the compulsory routine on the competition day (in the warm-up area). If the ability to perform the compulsory routine is not ensured, the allowance to participate in the competition can be denied by the committee. The entry fee will not be refunded.

- START ORDER:** The starting order of the preliminaries will be decided by drawing lots. The competitors will be divided into groups of about 15 participants. In each group, the compulsory will be followed immediately by the voluntary round. The order of competitors stays unchanged.
- TRAMPOLINES:** Four EUROTRAMP trampolines will be used for the competition. Two additional trampolines will be available for warm-up.
- RULES:** The competition follows the adh competition rules and the trampoline competition rules of the German Gymnastics Federation (DTB) (which are very close to the FIG Code of Points).
- TIMETABLE:**
- Friday, January 29, 2009**
- | | |
|---|---------------------|
| Warm-Up: | 7:00 pm to midnight |
| Competition office, registration: | 7:00 pm to 10:00 pm |
| Display of the starting order for the Individual competition: | 12:00 pm (midnight) |
- Saturday, January 30, 2009**
- | | |
|---|--------------------|
| Competition office: | 8:00 am to 8:45 am |
| Warm-Up: | 8:00 am |
| Start of the competition: | 10:00 am |
| (Individual, synchro, finals, victory ceremony) | |
| Dinner and party: | 8:00 pm |
- PARTICIPANTS MEETING:** The meeting will take place following the victory ceremony. Topics of the meeting will be the following:
Election of an athletes' spokesman, appointing future competition dates, host for DHM 2011, information on the unitramp.de homepage and the trampoline mailing list, miscellaneous.
- CLOTHING:** Footwear (socks, trampoline or gymnastic shoes). The participant must perform in clothes that allow a correct judgement of the performance.
- COMPETITION JURY OF APPEAL:** N.N., representative of the adh directorate
Martin Kraft, adh Discipline Manager for Trampoline
Markus Todzi, Leibniz University, Hannover
- JUDGES:** There will be a total of two competition juries: all male competitors being judged by one jury and all females by the second jury. The juries will include national judges (B and C grade).
- AWARDS:**
- [International ranking]**
The first three places will be awarded medals of gold, silver, and bronze in the individual, synchro, and team events. Every participant will receive a certificate.
- [National ranking]**
For all individuals, synchro pairs, and teams where all members were entered from German universities only, there will be an additional national ranking. The adh winner pins in gold, silver, and bronze will be awarded to the national winners. Also, the title "German University Trampoline Champion" will be awarded to the national winners in each competition.

ACCOMMODATION: From Friday to Sunday there will be the possibility to sleep in a gym close to the competition venue (EUR 8,--/night, including breakfast). Please bring your own sleeping bags, mats etc.

SOCIAL PROGRAMME: Party on Saturday night: “**DHM Fete**” (Euro 10,-- including dinner).

TRAVEL: If you need any travel information or assistance, please do not hesitate to contact the organisers (see below). We will be very pleased to help you!

INFORMATION:

Christiane Bischoff	+49 176 62106810 (mobile)
Markus Todzi	+49 174 9405384 (mobile)
E-Mail:	DHM2010@email.de
Internet:	http://unitramp.de/dhm2010

LIABILITY: The organiser and host accept no responsibility in the event of any damage or loss.

signed: *Martin Kraft*

Discipline Manager for Trampoline
adh

signed: Michaela Röhrbein

Vice director
University Sports Centre, Hannover

This English translation is for your information and convenience. The German version is the binding one. Further information and announcements will be published in the internet

at

<http://unitramp.de/dhm2010>.

Please do not hesitate to contact us for any questions:

DHM2010@email.de

or

Martin Kraft: dc-trampolin@adh.de

Approaches to DHM Trampolin 2010 in Hannover

We're located in the district „Nordstadt“ of Hannover, near „Bremer Damm“.

**Zentrum für Hochschulsport
Am Moritzwinkel 6
30167 Hannover**

Google Maps Link

http://maps.google.de/maps?f=d&source=s_d&saddr=&daddr=Am+Moritzwinkel+6&hl=de&geocode=&mra=ls&sl=51.151786,10.415039&sspn=11.643088,39.506836&ie=UTF8&z=15

Notice: There are two parts of the Street “Moritzwinkel”, so enter „Am Moritzwinkel“/„Lodyweg“ if using a satellite navigation device. The coordinates (52.379N 9.713E) are also misleading, because the street is below a highway bridge.

By Car, from west or east (Highway A2)

Leave Highway A2 at „Hannover-Herrenhausen“ (exit 42) and turn towards „Herrenhausen“ (south). Follow the street „Am Leineufer“ (B6) for about 10 km. Then You'll find a traffic light, where You turn right towards City („Zentrum“) into „Bremer Damm“.

Final Approach: Shortly afterwards the highway ends at another traffic light. Make a U-turn, follow by a right turn into „Jägerstraße“ (traffic sign points to „Wilhelm Busch Museum“). After 200 meters turn left into „Lodyweg“ and under the bridge right into „Am Moritzwinkel“. Here You are at „Zentrum für Hochschulsport“

By Car, from North (Highway A7)

Leave A7 at Intersection „Hannover Nord“ (exit 53) and follow the A352. That will bring You automatically onto Highway A2. Stay on the right lane and immediately leave at exit 42 („Hannover-Herrenhausen“). From here follow the directions above (By Car, from west or east).

By Car, from South (Highway A7)

Leave Highway A7 at Intersection „Hannover Süd“ (exit 60) for Highway A37. At „Seelhorster Dreieck“ take the B6 towards „Nienburg“. Leave at the at once to the right and continue on the B6 (still towards „Nienburg“). Pass straight through the next two roundabouts (still B6, still towards „Nienburg“). After some kilometers there will be a traffic light again. Turn right into „Bremer Damm“ and follow the final approach directions above (By Car, from west or east).

By train

Leave Hannover central station („Hauptbahnhof“) through the main exit (south, with a horse in front) and walk 3 to 5 minutes straight to a big square called „Kröpcke“. Enter subway 4 or 5 towards „Garbsen“ or „Stöcken“. You will only need a shortrange ticket. Disembark at the third stop „Universität“ (first stop on the surface). Cross the rails and head into the small park. Follow the cycletrack leading away from the rails. It leads to „Lodyweg“, which You follow until it crosses „Am Moritzwinkel“. Turn right for some more meters and there You are.

By plane

On Hannover Airport (HAJ) go to Terminal C and take the train called „S-Bahn“ (S5) to „Hannover Hauptbahnhof“. You'll need a Ticket for 2 zones. From here follow the above directions „by train“.

Lost? Problems? Questions?

DON'T PANIC, call !!!!