

allgemeiner deutscher  
hochschulsportverband



fédération allemande du sport universitaire  
german university sports federation

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## INFORMATION BULLETIN

GERMAN

UNIVERSITY CHAMPIONSHIPS 2011

# TRAMPOLINE

German University Sports Federation

**Host:**  
**Technical University Braunschweig**  
**Sports Centre**

**February 5, 2011**

**CLOSING DATE FOR ENTRIES: JANUARY 22, 2011**



! Gefördert durch das Bundesministerium für Familie, Senioren, Frauen und Jugend (BMBFSFJ) aus Mitteln des Kinder- und Jugendplans, durch die Deutsche Sportjugend (dsj) sowie durch das Bundesministerium für Bildung und Forschung !

! Förderer des internationalen Wettkampfsports !

**ORGANISER:** German University Sports Association (adh)  
**HOST:** **Sports Centre, Technical University Braunschweig**  
**VENUE:** TU Sports Hall  
Beethovenstraße 16, 38106 Braunschweig  
**DATE:** **February 5, 2011**

**REGULATIONS FOR PARTICIPATION:**

All members of German or international universities are eligible to compete according to the following criteria. International participants are very welcome!

The criteria represent an extract of the competition regulations of the German University Sports Association (adh).

- (1) Every participant of the German University Championships needs to hold one of the following statuses:
  - a) A full-time student officially registered at a university or similar institution whose university status is recognised by the appropriate national academic authority.
  - b) A recently graduated student who was registered at an institution as mentioned in a) is eligible to compete up to the end of the calendar year which follows the year of the final examination.
  - c) A full-time employee of a university.
- (2) The student status has to be verified by a valid student identification card or a student certificate (incl. registration number) issued by the registration office for the current semester. The recently graduated student status has to be verified by the examination certificate in combination with some form of photographic identification.
- (3) A full-time employee of a university has to present an official document issued by the human resources department of the university confirming the status of full-time employment for the current semester in combination with some form of photographic identification.
- (4) The relevant documentation mentioned in (2) and (3) has to be made available at all events for examination by either the host venue organiser or by the competition jury of appeal. If it is discovered later that a person does not meet the requirements to be eligible to compete, this will result in immediate disqualification of the participant and the team for the entire event.
- (5) In case of any missing or invalid documents, the permission to participate in the competition may be granted on a conditional basis if all of the following requirements are met:
  - a) The person solemnly declares that he/she is in possession of the necessary documents and that he/she will prove the eligibility to compete at the German University Sport Association (adh) offices within the next eight days.
  - b) A penalty of Euro 15,-- is paid to the host organiser.
  - c) A valid photo ID is presented for identification.
- (6) The results are unofficial until the relevant documentation for eligibility to compete are produced within the designated eight days.
- (7) Synchro pairs may be composed with participants from different universities.
- (8) Teams must include members of one single university, only.

**ENTRIES: On the official entry form to:**  
Sportzentrum der TU Braunschweig  
Franz-Liszt-Straße 34  
D-38106 Braunschweig  
**Fax: +49 531 391-8102**

**As well as a copy to**  
Allgemeiner Deutscher  
Hochschulsportverband  
Max-Planck-Straße 2  
D-64807 Dieburg  
**Fax: +49 6071 207578**

Entries must meet the deadline and entries shall be sent to both the host and the adh offices. Please make sure that the entry form is signed by a person responsible for university sport at the university applying for the competition.

**CLOSING DATE FOR ENTRIES: January 22, 2011**

**ENTRY PROCEDURE:** The individual entrants, the synchro pairs, and the teams of one university must be entered together. The team members may be changed during registration and until 9:00 am on the competition day.

**ENTRY FEE:** Euro 8,-- per individual  
Euro 10,-- per synchro pair  
Euro 16,-- per team in addition to the individual entry fees  
Euro 10,-- per individual (former students - see below)  
Euro 10,-- per synchro pair (former students - see below)

The entry fee as well as the cost for food and accommodation are to be paid by bank transfer not after January 24, 2011:

Owner of the bank account: Martin Kraft  
IBAN: DE54 2704 0080 0570 6924 00  
BIC/SWIFT: COBADEFF270  
Reason for payment: DHM Trampoline 2011 – university name + city

Alternatively, the fees may be paid in the competition office on Friday, Feb 4, from 7 to 10:30 pm.

The entry fees must be paid for all entered gymnasts, synchro pairs, and teams – even if they will not appear or not compete.

**REGISTRATION:** A representative for all members of one university has to confirm the registration and to present the student ID cards of all competitors at the registration desk on Friday night until 10:30 pm.

**COMPETITIONS:** a) **International German University Trampoline Championships *individual competition*.**

All participants will compete in the preliminaries consisting of the compulsory routine P8 (see below) as well as a voluntary routine. The 15 top-ranking male and female gymnasts after the preliminaries will compete in the final with a second voluntary routine. The preliminaries' result will be part of the final score.

b) **International German University Trampoline Championships *team competition*.**

A team is composed of 3 to 4 persons (mixed gender applies) competing in the individual competition. The three best scores in the compulsory and in the first voluntary yield the team score.

c) **International German University Trampoline Championships *synchro competition*.**

Each synchro pair has to consist of equal gender participants but may be composed of members of different universities. Each competitor is allowed to participate in only one single pair. Each synchro pair must perform the compulsory routine P8 (see below) in addition to a voluntary routine. The 8 top-ranking synchro pairs (male / female, respectively) after the preliminaries will compete in the final with a second voluntary routine. The preliminaries' result will be part of the final score. The pair with the highest total score wins.

**d) Individual competition for former students**

A competition for those, who were previously eligible to compete, i.e. former students and former full-time employees of a university. A person falls into this category only if he/she is not eligible to compete in a), b), or c). Competition d) is not an official adh competition.

Competitors in the former students competition are expected to be able to perform their selected compulsory routine completely and safely.

**e) Synchro competition for former students**

A synchro competition for those, who were previously eligible to compete, i.e. former students and former full-time employees of a university. A person falls into this category only if he/she is not eligible to compete in a), b), or c). Mixed pairs (male/female) are allowed in this competition. Each participant may start only in one single synchro pair. Competition e) is not an official adh competition.

**COMPULSORY ROUTINES:****Compulsory for all participants (P8):**

1. 1/2 twist to front drop
  2. to feet
  3. tuck jump
  4. tuck back somersault to seat
  5. 1/2 twist to feet
  6. pike jump
  7. pike back somersault
  8. straddle jump
  9. tuck back somersault
  10. barani free (front somersault with 1/2 twist)
- (The barani position may be chosen during the routine. It is not required to write it down on a competition card before starting.)

**Compulsory for former students competition (old L7):**

1. tuck back somersault to seat
  2. 1/2 twist to feet
  3. tuck jump
  4. back drop
  5. 1/2 twist to feet
  6. straddle jump
  7. tuck back somersault
  8. 1/2 twist or barani free
  9. pike jump
  10. pike back somersault
- (Participants in the former students competition may choose to perform the compulsory routine P8, where barani may be substituted by 1/2 twist.)

- START ORDER:** The starting order of the preliminaries will be decided by drawing lots. The competitors will be divided into groups of about 15 participants. In each group, the compulsory will be followed immediately by the voluntary round. The order of competitors stays unchanged.
- TRAMPOLINES:** Four EUROTRAMP trampolines will be used for the competition. Two additional trampolines will be available for warm-up. Part of the mats on the floor around the trampolines will be thinner than required by the FIG.
- RULES:** The competition follows the adh competition rules and the trampoline competition rules of the German Gymnastics Federation (DTB) (which are very close to the FIG Code of Points).
- TIMETABLE:**
- |   |                     |
|---|---------------------|
| <b>Friday, February 4, 2011</b>                               |                     |
| Warm-Up:  | 7:00 pm to midnight |
| Competition office, registration:                             | 7:00 pm to 10:30 pm |
| Display of the starting order for the Individual competition: | 12:00 pm (midnight) |
| <b>Saturday, February 5, 2011</b>                             |                     |
| Competition office:   | 8:00 am to 9:00 am  |
| Warm-Up:  | 8:00 am             |
| Start of the competition:                                     | 10:00 am            |
| (Individual, synchro, finals, victory ceremony)               |                     |
| Dinner and party:   | 8:00 pm             |
- PARTICIPANTS MEETING:** The meeting will take place following the victory ceremony. Topics of the meeting will be the following:  
Appointing future competition dates, host for DHM 2012, information on the unitramp.de homepage and the trampoline mailing list, miscellaneous.
- CLOTHING:** The participant must perform in clothes that allow a correct judgement of the performance and that do not compromise the participant's safety. Suitable footwear (socks, trampoline or gymnastic shoes) must be worn.
- COMPETITION JURY OF APPEAL:** N.N., representative of the adh directorate  
Martin Kraft, adh Discipline Manager for Trampoline  
Gaby Christlieb, Technical University Braunschweig
- JUDGES:** There will be a total of two competition juries: all male competitors being judged by one jury and all females by the second jury. The juries will include national judges (B and C grade).
- AWARDS:**
- [International ranking]**  
The first three places will be awarded medals of gold, silver, and bronze in the individual, synchro, and team events. Every participant will receive a certificate.
- [National ranking]**  
All individuals, synchro pairs, and teams where all members were entered from German universities only, will enter the official national ranking. The adh winner pins in gold, silver, and bronze will be awarded to the national winners. Also, the title "German University Trampoline Champion" will be awarded to the national winners in each competition.

**ACCOMMODATION:** From Friday to Sunday there will be the possibility to sleep in another gym (Rebenring 58a, 38106 Braunschweig ), located about 1.5 km from the competition gym. The entrance is located within the court behind the "Naturhistorisches Museum". Please park your car along the street (Rebenring) and walk through the metal gate (opposite to the industrial building "Heimbs Kaffee"). In the court, keep to the left. Costs are EUR 8,--/night, including breakfast. Please bring your own sleeping bags, mats etc.

**SOCIAL PROGRAMME:**

DHM Party on Saturday night (Euro 12,-- including dinner).

**TRAVEL:**

If you need any travel information or assistance, please do not hesitate to contact the organizers (see below). We will be very pleased to help you! We will be glad to pick you up at Hannover airport or at the Braunschweig railway station. Please ask early in advance for such transport services!. The German version of this document contains some more travel information.

**INFORMATION:**

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Manfred Reuter	+49 531 8893874
Martin Kraft	+49 531 331227 (home), +49 531 596-4140 (office)
E-Mail:	DHM2011@unitramp.de
Internet:	<a href="http://unitramp.de/dhm2011">http://unitramp.de/dhm2011</a>

Competition office (Friday 7pm to 11pm):  
+49 531 391 4724

**LIABILITY:**

The organiser and host accept no responsibility in the event of any damage or loss.

signed: *Martin Kraft*

Discipline Manager for Trampoline  
adh

signed: *Lutz Stöter*

Director  
Sports Centre  
Technical University Braunschweig

This English translation is for your information and convenience. In case of doubt, the formulations and regulations as detailed in the German version apply.

Further information and announcements will be published in the internet at  
<http://unitramp.de/dhm2011>.

Please do not hesitate to contact us for any questions:

DHM2011@unitramp.de

or

Martin Kraft: [dc-trampolin@adh.de](mailto:dc-trampolin@adh.de)

